l_subset[11,40]

l_subset$(T;as;bs) \equiv_{\mathrm{def}} \forall x{:}T.\ (x \in as) \Rightarrow (x \in bs)$

clarification:

l_subset$(T;as;bs) \equiv_{\mathrm{def}} \forall x{:}T.\ (x \in as \in T) \Rightarrow (x \in bs \in T)$